

Sabbath Retreat Reflections
5-3/5-2009

The pattern, questions, and journaling ideas were/are helpful. (Mike J.)

I think it's valuable for everyone, especially in ministry (Nicolle B.).

It is an important concept that more of us need to grow in. . . . My life is being restored already (Andrea T).

It is of great worth personally and in ministry . . . A wonderful balance between content and application (David R).

Very helpful, it gave me a time (extended) to focus on God's Rest. It also reminded me that the work is His work. Carol (Carol V.).

Sabbath-rest is a real need that we overlook (Vanessa R.).

How important this is! Life is draining and ministry can be tiring. I would like to have my entire team take part.

It's great to have coaching on how to get adequate rest during the demands, responsibilities and chaos of ministry. The format and points were easy to follow.